# **Medical-Surgical Nursing Exam Review**

# Follows Both ANCC & MSNCB® Blueprints



## **Presented by**

### Cindy Smith, MSN, MEDSURG-BC, CNE

Cindy has been a nurse for over 30 years, practicing in outpatient, medical/surgical, critical-care and long-term care settings. She has held various roles in leadership, management and education. Currently, she works as a clinical nurse educator in Wyoming for Cheyenne Regional Medical Center, a 280-bed acute care hospital, where she provides education and staff development for nurses in oncology, medical/surgical, orthopedics, neurology and infusion. She graduated from Clemson University with a bachelor's degree in nursing and also holds a master's degree in adult medical/surgical nursing as a clinical nurse specialist from Georgia Southern University. She is also a certified nurse educator who has authored numerous journal and continuing education articles. Her presentation style is practical and enthusiastic, making use of active learning activities.

# 12 Contact Hours | Course Length: 714 minutes

# **Program Description**

This two-day course is designed to provide nurses with the tools, confidence and knowledge to successfully complete the Medical-Surgical Nursing Exam. The exam content outlines and blueprints from the ANCC and MSNCB® were used to develop this program. Topics covered from the exam content outlines will include: review of body systems, cardiac, pulmonary, neurologic, gastrointestinal, renal, genitourinary, reproductive, endocrine, hematologic, musculoskeletal, immune and more. Pathophysiology of disease processes including signs and symptoms and treatment modalities will be presented. The nursing process and nursing practice roles in the management of patient care will be discussed through case scenarios and sample questions. All aspects of the Practice Domains will be addressed at the end of Day 2 and strategies for test-taking will also be covered.

# **Program Learning Outcomes**

This program prepares the learner to:

- 1. Gain an in-depth knowledge of the pathophysiology of disease states in the medical and/or surgical patient as well as current management strategies.
- 2. Gain the confidence to pass a medical-surgical exam.

### 1 Introduction and Test-Taking Skills

64 minutes

### **Module Description**

This module will provide participants with an overview the Medical-Surgical Nursing Examination testing procedures and blueprints, as well as provide insight into test-taking skills.

### **Module Learning Outcomes**

This module prepares the learner to:

- 1. Differentiate between the American Nurses Credentialing Center (ANCC) and the Medical-Surgical Nursing Certification Board (MSNCB®) medical-surgical nursing certification examinations.
- 2. Describe the domains of practice for the ANCC and MSNCB® exam blueprints.
- 3. Apply various test-taking strategies when taking the medical-surgical certification examination.

### 2 Cardiovascular Review

166 minutes

### **Module Description**

This module will provide participants with a review of common cardiovascular diseases that are often included in the Medical-Surgical Nursing Examination.

### **Module Learning Outcomes**

This module prepares the learner to:

- 1. Describe the pathophysiology of various cardiovascular disease discussed in this module.
- Apply the domains of practice described in the test blueprints to clinical practice for each disease process discussed.
- 3. Develop rapport with patients, family and caregivers through increased knowledge of cardiovascular diseases.
- 4. Implement the nursing process and promote positive outcomes for the patient with cardiovascular deaths.

### 3 Pulmonary Review

97 minutes

#### **Module Description**

This module will provide participants with a review of common pulmonary disorders that are often included in the Medical-Surgical Nursing Examination.

### **Module Learning Outcomes**

This module prepares the learner to:

- 1. Describe the pathophysiology of various pulmonary disorders discussed in this module.
- Apply the domains of practice described in the test blueprints to clinical practice for each disease process discussed.
- 3. Develop rapport with patient, family and caregivers through increased knowledge of pulmonary diseases.
- 4. Implement the nursing process and promote positive outcomes for the patient with pulmonary disorders.

# 4 Neurology and Musculoskeletal Review

80 minutes

### **Module Description**

This module will provide participants with a review of common neurological and musculoskeletal disorders that are often included in the Medical-Surgical Nursing Examination.

### **Module Learning Outcomes**

This module prepares the learner to:

- 1. Describe the pathophysiology of various neurologic & musculoskeletal disease discussed in the module.
- Apply the domains of practice described in the test blueprints to clinical practice for each disease process discussed.
- 3. Develop rapport with patients, family and caregivers through increased knowledge of neurologic and musculoskeletal diseases.
- 4. Implement the nursing process and promote positive outcomes for the patient with neurologic and musculoskeletal disorders.

(continued)

5 Behavior Disorders 30 minutes

### **Module Description**

This module will provide participants with a review of common behavioral disorders that are often included in the Medical-Surgical Nursing Examination.

### **Module Learning Outcomes**

This module prepares the learner to:

- 1. Describe the pathophysiology of various behavioral disease discussed in this module.
- 2. Apply the domains of practice described in the test blueprints to clinical practice for these behavioral disorders.
- 3. Develop rapport with patient, family and caregivers through increased knowledge of behavioral diseases.
- 4. Implement the nursing process and promote positive outcomes for the patient with behavioral disorders.

# **6 Legal and Ethical Considerations**

33 minutes

### **Module Description**

This module will provide participants with a review of common behavioral disorders that are often included in the Medical-Surgical Nursing Examination.

### **Module Learning Outcomes**

This module prepares the learner to:

- 1. Describe the pathophysiology of various behavioral diseases discussed in this module.
- 2. Apply the domains of practice described in the test blueprints to clinical practice for these behavioral disorders.
- 3. Develop good rapport with patient, family and caregivers through increased knowledge of behavioral diseases.
- 4. Implement the nursing process and promote positive outcomes for the patient with behavioral disorders.

## 7 Immunological & Hematological Disorders

53 minutes

#### **Module Description**

This module will provide participants with a review of common immunological and hematological disorders that are often included in the Medical-Surgical Nursing Examination.

#### **Module Learning Outcomes**

This module prepares the learner to:

- 1. Describe the pathophysiology of various immunological and hematological disorders discussed in this module.
- 2. Apply the domains of practice described in the test blueprints to clinical practice as they apply to immunological and hematological disorders.
- 3. Develop rapport with patient, family and caregivers through increased knowledge of immunological and hematological disorders.
- 4. Implement the nursing process and promote positive outcomes for the patient with select immunological and hematological disorders.

### 8 Endocrine Disorders 81 minutes

#### **Module Description**

This module will provide participants with a review of common endocrine disorders that are often included in the Medical-Surgical Nursing Examination.

#### **Module Learning Outcomes**

This module prepares the learner to:

- 1. Describe the pathophysiology of the various endocrine disorders discussed in this module.
- 2. Apply the domains of practice described in the test blueprints to clinical practice as they apply to endocrine disorders.
- 3. Develop rapport with patient, family and caregivers through increased knowledge of endocrine disorders.
- 4. Implement the nursing process and promote positive outcomes for the patient with select endocrine disorders.

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9 Renal Disorders 39 minutes

#### **Module Description**

This module will provide participants with a review of common renal disorders that are often included in the Medical -Surgical Nursing Examination.

#### **Module Learning Outcomes**

This module prepares the learner to:

- 1. Describe the pathophysiology of various renal disorders discussed in this module.
- 2. Apply the domains of practice described in the test blueprints to clinical practice as they apply to renal disorders.
- 3. Develop rapport with patients, family and caregivers through increased knowledge of renal disorders.
- 4. Implement the nursing process and promote positive outcomes for the patient with select renal disorders.

## 10 Gastrointestinal (GI) Review

48 minutes

### **Module Description**

This module will provide participants with a review of common GI disorders that are often included in the Medical-Surgical Nursing Examination.

### **Module Learning Outcomes**

This module prepares the learner to:

- 1. Describe the pathophysiology of various GI disorders discussed in this module.
- 2. Apply the domains of practice described in the test blueprints to clinical practice as they apply to GI disorders.
- 3. Develop rapport with patient, family and caregivers through increased knowledge of Gl disorders.
- 4. Implement the nursing process and promote positive outcomes for the patient with select GI disorders.

## 11 Multisystem Disorders

23 minutes

#### **Module Description**

This module will provide participants with a review of common multisystem disorders that are often included in the Medical-Surgical Nursing Examination.

### **Module Learning Outcomes**

This module prepares the learner to:

- 1. Describe the pathophysiology of various multisystem disorders discussed in this module.
- 2. Apply the domains of practice described in the test blueprints to clinical practice as they apply to multisystem disorders.
- 3. Develop rapport with patients, family and caregivers through increased knowledge of multisystem disorders.
- 4. Implement the nursing process and promote positive outcomes for the patient with select multisystem disorders.

# **Accreditation**

### RN/LPN/LVN/Other: 12 Contact Hours

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 50-1286, **Iowa**/296, **California** #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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